

Children's Mental Health Services/REACH

Children's Mental Health Services/REACH continues to be dedicated to serving our clientele throughout these uncharted times. As you know, the information and precautions are changing at a rapid rate on how best to respond to the COVID-19 illness. This is also true for the means in which we respond to meeting the needs of those experiencing mental health obstacles. The following plan is in place as of 3-18-2020.

Children's Mental Health Services Clinic will remain open to mental health services during regular business hours.

- A. Consumers will be screened
 - a. Have you traveled outside of Itasca County recently?
 - b. Have you or anyone in your household experienced a temperature in the past 24 hrs?
 - c. Are you experiencing any flu like symptoms?
- B. In response to Federal and State guidance, we are asking that when bringing a child to our office for service that you limit bringing any additional individuals with you.
- C. Any client subjected to exposure to Covid-19 will be rescheduled.
- D. Mental health workers will provide support to Invest Early/Head start Classrooms.
- E. CMHS will be moving to tele-health options for those clients most appropriate in the following service deliveries.
 - a. Individual Therapy
 - b. Family Therapy
 - c. Skills Work
 - d. Case Management
- F. Mental health workers can continue to meet clients in their homes if household is safe/healthy.
- G. Mental health workers will continue to work with school staff to assist in delivery of distant learning with focus on social/emotional contributions.

Children's Mental Health Services/REACH looks to protect the health and safety of its consumers and staff in response to the COVID-19 pandemic. The new approach to our mental health service delivery will continue to evolve as a means to minimize the spread of COVID-19 in the CMHS clinic and communities we serve.